Little Cedar and Marshall Lutheran Churches 308 NW Lewison St. PO Box 304 Adams MN, 55909



2022



Look us up on Facebook and click Like. You will be updated on activities, prayer concerns and more. Search: Little Cedar & Marshall Lutheran Churches

Bible E Study: If you would like to be included on the Online Bible E Study, please let the office know what your email address is and we will put you on the list to receive weekly

A great new way to listen to Little Cedar & Marshall Sunday worship is through a wonderful thing called podcast. Just go on your phone or computer and visit www.jeremyjohnson_1.podbean.com to listen to the latest sermon.



Evangelical Lutheran Church in America God's work. Our hands.



Matthew 6:19-21

¹⁹ "Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; ²⁰ but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also.

Greetings Marshall and Little Cedar Lutheran Churches,

As a child I loved Lent. Every week we would go to church on Wednesday evening. It would get us out of the house, we would eat yummy soup and bread, I would get to play with my friends, often times involving a snow ball fight, and sometimes we would make trouble. I don't know if I really knew what lent was about as a child, but I do remember Lent was fun and when we spent a lot of time at church as a community.

Traditionally there are 3 practices that are lifted up during Lent: prayer, fasting, and almsgiving. In the past, I have frequently given you a challenge to read scripture during Lent. This year, instead I am going to give you a challenge to put these Lenten practices into use. For each week, there will be some suggested practices for you to complete. Perhaps some sort of prayer, almsgiving, give something up for a day, or add something to your day. I will have those available in the back of the church. I have also given a sampling of some of the practices below.

Lent is about reorienting ourselves towards our love for God and for one another. As we prepare for Holy Week, we turn our attention towards those things that really matter. As Jesus says, "Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; ²⁰ but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal." May we take time during the season of Lent to grow deeper into our faith.

Blessings during your Lenten Journey!

Pr. Jeremy



- Pray for your friends *and* for your enemies by name. Bless them, one by one. Think of the person you most struggle to love and pray for them as a beloved child of God.
- Turn off technology for the day. If you normally follow a lot of social media, turn it off for the day. If lots of television, turn it off. Or even the radio, turn it off. Choose silence for the day.
- Invite someone over to your home and cook them a simple weeknight meal. Or instead, bring someone a meal or treat.



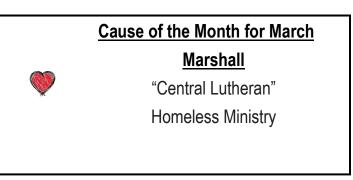




"Self-esteem is your child's passport to a lifetime of mental health and social happiness. It's the foundation of a child's well-being and the key to success as an adult. At all ages, how you feel about yourself affects how you act." We have been focusing on positive affirmations this month and loving ourselves, since it was the month of showing love! We have been practicing how to be kind to others as well. Since it was February, we celebrated Valentine's Day and made cute card holders out of gallon milk jugs. We had an alien, princess, Unicorn, tractor and a few other adorable ones! We worked on learning how to draw a heart and identifying pink objects around the room. We learned what ice was and that penguins live where it's really cold! We made an owl and octopus for the letter O, pig and penguins for the letter P and guilt and gueen for the letter Q. Our numbers were 13, stomped 13 times and 14, clapped the table 14 times. We watched to see if the Groundhog would see his shadow or not, which sadly he did. I told the story of the Three Little Pigs for one of the lesson and the kids LOVED that! We used our imagination to see what other material we could use to build a house. The wolf would have for sure gotten in our houses! Some wanted pizza, blankets and noodles! We do a lot of dance parties. The kids have some great moves! I usually can't move the next morning... We are looking for an assistant to help out at the daycare. It could be a minimum of 15 hours per week, up to 30 hours! Please spread the word and have them contact myself or the daycare with any questions. Let's keep the daycare full!!

Kate Wiste ~ Little Cedar Daycare Director





Undie Sunday is April 3rd!







During the season of lent we will be collecting new underwear and socks for the homeless ministry of Central Lutheran in Minneapolis. They are in need of all sizes, ages, and genders. Just needs to be brand new. Between now and April 3rd, you can bring in underwear and socks to Little Cedar, Marshall, or St. John's. We will also take cash donations and our youth will do the shopping for you! Any questions, let us know! Bring on the undies!

Wedding Shower for McKendry Kennedy

Please join us to celebrate the bride-to be! McKendry and Colton are getting married July 2, 2022.

Where: Little Cedar Lutheran Church Adams When: March 12, 2022 at 12 PM

McKendry & Colton are registered at:

Target, Amazon, and Bed, Bath & Beyond





"Christ In Our Home" Devotionals are available at both Little Cedar & Marshall Church. Be sure to pick up your copy today!

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Worship Assistants & Service

Little Cedar Service Group #4

Co- Chairs: Scott & Tammy McMasters and Dave & Millie Weness **We will no longer be listing emails and phone numbers in the Churchmouse. Contact the church office if you need to contact anyone. We are trying to help reduce the SPAM calls and emails we all get!

Carol Matheis Dixie Rose Wayne Robertson Linda & John Logsdon **Russ & Joanne Hamilton** Jim & Connie Sathre Curt & Kay Lewison Gladys Morgan loe Matheis Jacina Kiefer Heather Felten Cody & Kathy Kirkpatrick John & Tammy Loecher Randy & RoeAnn Voigt Brad & Marie Johnson Katie Felten

Serve Soup—March 16th

Little Cedar Senior High Coffee

Hour

March 6—Bryan Family Helper: Micah Johnson family

Little Cedar Worship Assistants

*March 6—Lauren

*March 13—Addison

*March 20—Audrey

*March 27—Addie

If you are unable to be at church on your given Sunday, contact Tara ASAP so she can make a

Communion Clean-Up March 6 and 20

Deliver Meals on Wheels March 14 through 25

> Coffee Hour March 13, 20, 27

And any functions that are requested

Little Cedar Readers

March 6 Tara Mandt

March 13 YOUTH—See Below

> March 20 Earl Orvik

March 27 Deb Fasbender

Little Cedar High School Communion Helpers March 6—Abby

Little Cedar Youth-Led Sunday is March 13th

Ushers: Brad & Cody and Reader: Eli

Little Cedar Confirmation Church Assistants

*March 6—Usher: Avery, Greeter: JJ, Communion: Justin

*March 13—Usher: Nolan, Greeter: Beau

*March 20—Usher: Liliana, Greeter: Easton

*March 27—Usher: Cameron, Greeter: Mya

Marshall Confirmation Church Assistants

*March 6—Usher: Shannon, Communion: Alex

*March 13—Usher: Lillian

*March 20—Usher: Brecken

*March 27—Usher: Sara

If you are unable to be at church on your given Sunday, contact Tara ASAP so she can make a

switch.

Youth & Education News

Senior High LYO NEWS

We hope to meet in March to do our last service project for the year. Stay tuned to email and text for details. Respectfully submitted, Alizha Kappers, Secretary

Junior High LYO NEWS

We are probably done meeting for the year. We will review calendars and see if anything works out.

Confirmation Schedule & News:

Check your emails for the Lenten schedule and plan.

7th Grade students help with Soup and 8th Grade students help with worship.

Be sure to meet with your mentors on a Sunday and one Wednesday.

Little Cedar Sunday School News

We will have class on March 6, 13 and 20.

Mark your Calendars: We will plan to sing and participate in the Palm Processional on April 10th.

First Communion News

Ash Wednesday, March 2nd—there is an assignment for worship. Classes start on March 9th and go through Wednesday, April 6th. Classes are at 5pm. Full details are in your emails.

Students taking First Communion this year are:

At Marshall Aria Kellogg Adam Heimer **At Little Cedar** Sadie Webber



We will bake bread and make banners on Saturday, April 9th and Palm Sunday/First Communion is Sunday, April 10th at both churches.





"These are vegetables, mother. You wouldn't want me to eat something I've given up for Lent, would you?"





Lenten Journey of Prayer, Fasting, and Giving

Traditionally there are 3 practices that are lifted up during Lent: prayer, fasting, and almsgiving. In the past, I have frequently given you a challenge to read scripture during Lent. This year, instead I am going to give you a challenge to put these Lenten practices into use. For each week, there will be some suggested practices for you to complete for each practice. Perhaps some sort of prayer, almsgiving, give something up for a day, or add something to your day. This is your Lenten Journey, so make it yours. Don't like the practice, don't do it. Want to do something slightly different instead, great! I just ask that during Lent to focus yourself on love of God and love of neighbor.

Week 1: March 2-8

Prayer/Scripture: Say a prayer asking for forgiveness. Then read Psalm 51 three times. Even try reading it in a different translation that you are not used to.

Fasting/Something New: If you normally listen to a podcast or music or watch TV, choose silence for the day. Go for a quiet for a walk or just spend some time outside.

Almsgiving/Generosity: Send an encouraging email to someone to tell them how much you appreciate all the work that they do. Drop off a coffee or a gift card or a note.

Week 2: March 9-15

Prayer/Scripture: Take a step towards forgiving someone. Maybe say a prayer asking for the strength to forgive. Or say the words out loud to yourself, "I forgive you." Maybe even go to the person and tell them that you forgive them.

Fasting/Something New: Fast from something for the week. You could go the more traditional route and give up some sort of food or beverage. You could give up social media, sleeping in, complaining, or unnecessary spending. Be creative and honest about your dependencies. Look for ways to channel that energy into something generative and healing.

Almsgiving/Generosity: Donate to an organization that is important to you. Could be as little or as much as you'd like. Could be cash or an item that they need.

Week 3: March 16-22

Prayer/Scripture: Read Psalm 106:7. Make a list of 7 things, experiences, or people you're thankful for.

Fasting/Something New: Skip the internet for a day. Nope. Nada. None. If that isn't practical for work, you could do this on the weekend or in the evenings instead. You could also instead mute social media for the day.

Almsgiving/Generosity: Invite someone over for dinner. You could also instead drop off a meal or some sort of treat for someone.

Week 4: March 23-29

Prayer/Scripture: Light a candle one evening. Sit quietly for 5 minutes. Read Psalm 86:15 and Ephesians 2:8. Which words resonate with you? Imagine God looking at you with infinite love and tenderness, kindness, and mercy.

Fasting/Something New: Cut one unnecessary spending for the week. Just one will do the trick. Maybe an unnecessary night out to eat. Maybe cut out something from shopping or your morning coffee. Doesn't need to be much. It serves as a reminder of the blessings that we have from God.

Almsgiving/Generosity: Buy some underwear or socks and donate them to Undie Sunday, or leave a cash donation.

Week 5: March 30-April 5

Prayer/Scripture: We began this Lenten Journey contemplating our own mortality and sinfulness. Read Psalm 139. You are wonderfully made by God. Name at least five things that you are good at, that you like about yourself, or that you are proud of.

Fasting/Something New: Cut 1 unnecessary spending for the week. Just one will do the trick. Maybe an unnecessary night out to eat. Maybe cut out something from shopping or your morning coffee. Doesn't need to be much. It serves as a reminder of our dependence on God and that all that we have is from God.

Almsgiving/Generosity: Think about an injustice that is occurring in the world. Violence that is occurring. Or maybe a group of people that have traditionally been marginalized in society. If appropriate, spend some time learning more about the injustices happening. Read Psalm 10:12-15. Say a prayer for those who are victims of violence and/or marginalized.

Week 6: April 6-12

Prayer/Scripture: Memorize the Jesus Prayer - "*Lord Jesus Christ, Son of God, have mercy on me, a sinner*" and pray it throughout the day. Consider switching the word "sinner" for "your beloved child" and see how that changes the meaning for you. This could be particularly meaningful to repeat this prayer to yourself during Holy Week.

Fasting/Something New: No snacking for at least a day. At least stick to only healthy snacks for a day. Instead, I encourage you to exercise at least once this week. Whatever kind of exercise that works for you. Go for walk, run, bike ride, yoga, weight training, cardio... Exercise is not only good for the body, but also the mind.

Almsgiving/Generosity: Pick up an item for the food shelf, or a whole bag while you



Minutes- respectfully submitted, Kathy Voigt ~Secretary Pro Temp

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Members:

Darrell Gordon (T)	Х	Jan Johnson (D)		Len Mensink (T)	Х
Carie Hanson (treasurer)	Х	Pastor Jeremy Johnson	Х	Gib Siemers (T)	
Kevin Hanson (T)	Х	Gary Kulow (D)		Andrew Sprau (T)	Х
Dale Himebaugh (financial secy)	Х	Tricia Kulow (secy)		Kathy Voigt (D)	Х

March 2022

LITTLE CEDAR COUNCIL MINUTES

Present: John Jax, Pastor Jeremy Johnson, Lynn Johnson, Holly Meyer, Chris Roser, Nancy Thalberg, Tracy Smith, Jan Weness. Absent: Carol Matheis, Spencer Medgaarden, Connie Sathre, Millie Weness.

The meeting was called to order by co-chair, Tracy. The Mission Statement was read in unison. Devotions were given by Pastor Jeremy.

Secretary's Report: Motion by John, seconded by Holly to accept the report as printed. Carried.

Correspondence: A thank you was read from the ELCA for the donation of \$985 toward the Good Gifts Program to purchase animals. The money was raised as our congregational Advent project. Mayo and Good Earth Village are offering a free camp for youth ages 5-17 who have experienced the death of a significant person within the last three years. Pastor has more information.

<u>Financial Report</u>: The report was reviewed. Motion by Jan, seconded by Holly to accept the report as printed. Carried.

Pastor's Report: Pastor has found someone to cover for him while he is on sabbatical leave this summer.

Committee Reports:

-Building: New routers have been purchased with a donated \$250 Thrivent card to improve the internet access throughout the building. We will be looking into a contract with a new carrier as soon as the current contract ends.

-Daycare: The daycare is advertising for an assistant to work a minimum of 10 hours up to 30 hours per

week.

-Youth and Education: Pastor read from a written report submitted by Tara. The ELCA Youth Gathering for this summer has been canceled. Tara and Pastor are working on planning a mission trip for our youth for this summer. The youth are planning two fund-raisers this Spring to help cover expenses. The full report is filed with the minutes.

Outstanding Business:

-Soup Suppers: It was decided that we will have soup suppers before Lenten services.

-Masking: We will continue masking during worship. It will be discussed again next month.

-Cause for Lent: It was decided that we will collect underwear (men's and women's), cash and socks for Central Lutheran during Lent.

New Business:

-Insurance: There will be some research done to determine if we need to make any changes to our building insurance. -Refrigerator: A new refrigerator has been delivered to the kitchen. The old one no longer worked. The food shelf will pay for much of the cost.

The next meeting will be held on Wednesday, March 16, 2022 after the Lenten service. Millie will give devotions. The meeting was adjourned and closed with the Lord's Prayer.

Jan Weness, Secretary

